

WORK BENCH
JBR-113

- ◆ The heavy duty versatile construction of Being Strong Utility Bench is ideal for free weight exercises.

- ◆ **DIMENSION:**
Length : 55 inches / 140cms
Width : 30 inches / 76 cms
Height : 21 inches / 53 cms

- ◆ **MUSCLE WORKED:**
Pectoralis Major, Anterior Deltoid,
Biceps Brachii, Trapezius,
Latissimus Dorsi

